

WHILE ON THE RIVER

1. Always wear your PFD, even when swimming.
2. Drink plenty of fresh water while on the river to prevent dehydration.
3. Never dive headfirst into the water.
4. Respect private property. Do not trespass!
5. Respect anglers. Paddle to the shore opposite of their lines and pass by quietly.
6. Keep your tube under control. Control must be good enough at all times to stop or reach shore. Do not enter an area of fast current unless you feel sure you can paddle safely through.
7. Be sure to keep an appropriate distance between tubes when going through the rapids. Distance will vary depending on water conditions.
8. Keep a lookout for river hazards and avoid them. Walk around any hazard about which you have doubts.

9. In the event of an emergency, do not try to walk to find help. This is a wilderness river. Send your strongest paddlers to the campground for help, and stay on the right side of the river to make river rescue easier.

10. In the event of a thunderstorm, get off of the water and wait out the storm. Do not get under the tallest tree, stand close to the bank, or group together in bunches.

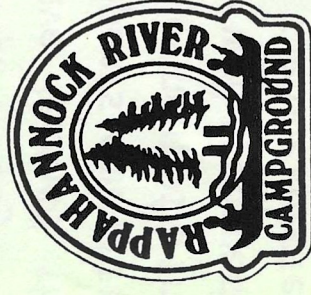
11. Do not try to walk in a rapid if the water is above your knee. The current may be too swift to get a good foot grip, and there is also the danger of trapping your foot underneath a rock.

Please remember: You are in control of your rented tube while on the water. There are no river guides. The river is a natural environment with downed trees, rocks, and fluctuating levels, depth and current speeds. Be ready for possible temperature and weather changes.

UPON ARRIVAL BACK AT THE CAMPGROUND

Bring your tube and PFD to the camp store. This is the only way we know you have returned safely. If in a group, designate one person to let the campground staff know when everyone has returned.

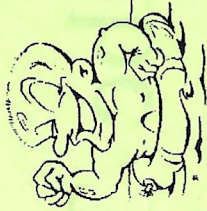
Tube Trip Preparation Guide



Rappahannock River Campground, LC
33017 River Mill Road
Richardsville, VA 22736

BEING PREPARED AND RESPONSIBLE

1. Be a competent swimmer with the ability to handle yourself underwater and in moving water.
2. Be prepared to get wet. Wear swimsuits or shorts. Bring a towel and extra clothing to change into at the end of the day.
3. Use an eyeglass strap for your eyeglasses or sunglasses.
4. Wear shoes! Old gym shoes or shoes with tops and sides offer the most protection. Avoid sandals and flip flops.
5. Use sun screen even on cloudy days.
6. Bring bottled drinking water or a small cooler (soft-sided 6-pack) that will sit on your lap to carry your drinks or snacks. No styrofoam coolers or glass containers please. Alcohol should not be taken on the river.
7. Wear only waterproof watches.
8. Use a sun hat on bright warm days.
9. Get plenty of rest prior to your outing.



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We hope you are eagerly anticipating your upcoming float trip. Through the years, we have learned that trip participants can often gauge the enjoyment of a trip based on how well prepared you are should the unexpected or the expected occur.

Use this information to help prepare yourself for an enjoyable day of activity on the water.

UPON ARRIVAL AT THE LIVERY

1. Be on time for orientation, which begins 30 minutes before your departure time. Ask the livery operator any questions you may have regarding the trip.
2. If you have not already done so, carefully read and sign the Release of Liability Form.
3. Review the river map. Know where your float trip will take you and where to get out. Make sure you understand how to identify and avoid any hazards marked on the map.
4. Campground employees will assign personal flotation devices (PFD's) after all safety briefings.
5. Leave all items not needed on the river locked in the trunk of your car or in a secure area. Leave your car keys with the owners in the camp store or in another safe place. Remember, everything you take with you on the river is at risk of getting lost and/or wet. Take cameras in a sturdy waterproof container.